

# Example of an antibullying policy statement

September 2019

# This is an example of one of the documents organisations need to ensure safeguarding is at the heart of their activities.

Use this example to write a document that reflects the safeguarding needs of the children and young people your organisation works with and aligns with your other key safeguarding and organisational policies, procedures and standards.

### The purpose and scope of this policy statement

[Name of group/organisation] works with children and families as part of its activities. These include: [insert brief outline of what your organisation does with children and families].

The purpose of this policy statement is:

- to prevent bullying from happening between children and young people who are a part of our organisation or take part in our activities
- to make sure bullying is stopped as soon as possible if it does happen and that those involved receive the support they need
- to provide information to all staff, volunteers, children and their families about what we should all do to prevent and deal with bullying.

This policy statement applies to anyone working on behalf of [name of group/organisation], including senior managers and the board of trustees, paid staff, volunteers, sessional workers, agency staff and students.

Separate documents set out:

• our code of behaviour for children, young people and adults



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• our policies and procedures for preventing and responding to bullying and harassment that takes place between adults involved with our organisation.

# What is bullying?

Bullying includes a range of abusive behaviour that is

- repeated
- intended to hurt someone either physically or emotionally.

More detailed information about bullying is available from <u>learning.nspcc.org.uk/child-abuse-and-neglect/bullying</u>.

### Legal framework

This policy has been drawn up on the basis of legislation, policy and guidance that seeks to protect children in the UK. The NSPCC provides summaries of the key legislation and guidance on:

- bullying <u>learning.nspcc.org.uk/child-abuse-and-neglect/bullying</u>
- online abuse <u>learning.nspcc.org.uk/child-abuse-and-neglect/online-abuse</u>
- child protection <u>learning.nspcc.org.uk/child-protection-system</u>

#### We believe that:

- children and young people should never experience abuse of any kind
- we have a responsibility to promote the welfare of all children and young people, to keep them safe and to practise in a way that protects them.

### We recognise that:

- bullying causes real distress. It can affect a person's health and development and, at the extreme, can cause significant harm
- all children, regardless of age, disability, gender reassignment, race, religion or belief, sex or sexual orientation, have the right to equal protection from all types of harm or abuse
- everyone has a role to play in preventing all forms of bullying (including online) and putting a stop to bullying.

### We will seek to prevent bullying by:

- developing a code of behaviour that sets out how everyone involved in our organisation is expected to behave, in face-to-face contact and online, and within and outside of our activities
- holding regular discussions with staff, volunteers, children, young people and families who use our organisation about bullying and how to prevent it. These discussions will focus on:



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- o group members' responsibilities to look after one another and uphold the behaviour
- o practising skills such as listening to each other
- o respecting the fact that we are all different
- o making sure that no one is without friends
- o dealing with problems in a positive way
- o checking that our anti-bullying measures are working well
- providing support and training for all staff and volunteers on dealing with all forms of bullying, including racial, sexist, homophobic and sexual bullying
- putting clear and robust anti-bullying procedures in place
- making sure our response to incidents of bullying takes into account:
  - o the needs of the person being bullied
  - o the needs of the person displaying bullying behaviour
  - o needs of any bystanders
  - o our organisation as a whole.
- reviewing the plan developed to address any incidents of bullying at regular intervals, in order to ensure that the problem has been resolved in the long term.

We recognise that bullying is closely related to how we respect and recognise the value of diversity.

We will be proactive about:

- seeking opportunities to learn about and celebrate difference
- increasing diversity within our staff, volunteers, children and young people
- welcoming new members to our organisation.

More information about responding effectively to bullying is available:

- protecting children from bullying and cyberbullying learning.nspcc.org.uk/child-abuse-andneglect/bullying
- recognising and responding to abuse learning.nspcc.org.uk/child-abuse-andneglect/recognising-and-responding-to-abuse

#### Related policies and procedures

This policy statement should be read alongside our organisational policies and procedures including:

- Child protection/safeguarding policy statement.
- Procedures for responding to concerns about a child or young person's wellbeing.
- Dealing with allegations made against a child or young person.
- Managing allegations against staff and volunteers.
- Code of conduct for staff and volunteers.
- Online safety policy and procedures for responding to concerns about online abuse.
- Equality and diversity policies.



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#### Contact details

#### Nominated anti-bullying lead

Name:

Phone/email:

#### Senior lead for safeguarding and child protection

Phone/email:

#### **NSPCC** Helpline

0808 800 5000

We are committed to reviewing our policy and good practice annually.
This policy was last reviewed on:(date)
Signed:[this should be signed by the most senior person with responsibility for safeguarding in your organisation, for example the safeguarding lead on your board of trustees].
Date:

#### More ways to help you protect children



Take our online course **Child protection: an introduction** 



Sign up for our weekly current awareness email newsletter nspcc.org.uk/caspar



Visit <u>nspcc.org.uk/vcs</u> for more information and resources for voluntary and community organisations



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