

Developing effective anti-bullying practice

FREE online CPD training for professionals



The Anti-Bullying Alliance (ABA) offers free online CPD anti-bullying training for anyone that works with children and young people. The online training has been developed as part of the ABA's All Together programme which aims to reduce bullying of disabled children and those with special educational needs (SEN) but applies to all children.

Online training modules include:

- What is bullying?
- Bullying and the Law
- Bullying and SEN/disability
- Principles to reduce bullying
- Preventing bullying
- Responding to bullying
- Cyberbullying

Each module takes between 30-40 minutes to complete.

The training is FREE to complete online from any computer/device.

This course is CPD approved, which means each module is certified and counts towards your continuing professional development.



To find out more about the online training and to register, please visit: <u>www.anti-bullyingalliance.org.uk/onlinetraining</u>

If you have any questions or issues accessing the online training, please contact: <u>aba@ncb.org.uk</u>

"It has given me a more in-depth knowledge"

"I now have a better understanding on what I can do to help protect a person, giving me more knowledge to step straight in and help"

"I feel much more confident"

(Participants' feedback)



Anti-Bullying Information Tool

FREE interactive online information for parents and carers

ABA has developed an online anti-bullying information tool for parents and carers. The tool will help parents and carers who are:

- Concerned that their child may be vulnerable to bullying at school
- Worried that their child might be getting bullied
- Aware that their son or daughter is being bullied
- Just wanting to learn more

Parents and carers can follow the sections that are of particular interest to them or browse the whole site.

The site includes information on:

- What bullying is
- Types of bullying
- Fall outs
- Bullying as a group behavior
- What to do if your child is or you think they are being bullied
- How to respond if you think your child is bullying others
- What schools should and must do about bullying
- Bullying and the Police
- Cyberbullying
- Where parents and carers can get further support and advice

"Simple, effective, informative."

(Parent's feedback)

To visit the Information Tool please go to: <u>www.anti-bullyingalliance.org.uk/parenttool</u>

For any questions or issues with the interactive tool, please contact: <u>aba@ncb.org.uk</u>