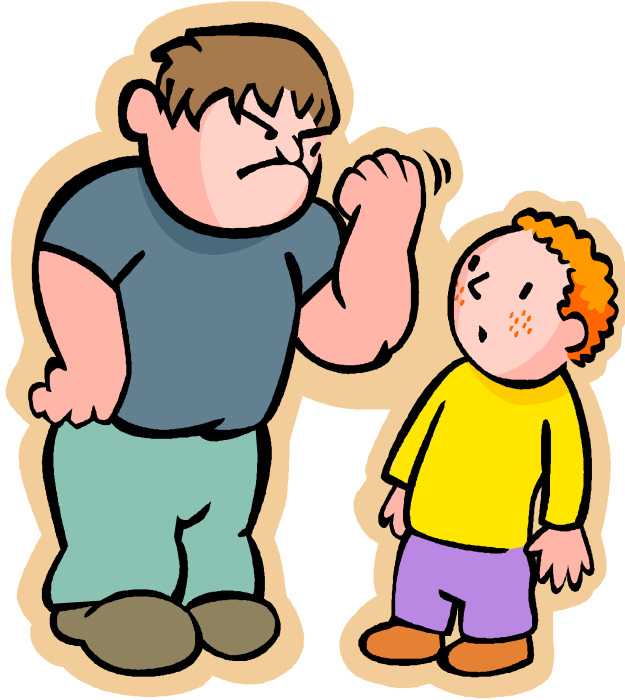


# Broomfields Junior School



# HELP STOP ANY BULLYING AT BROOMFIELDS

(Advice for Children)

## DOCUMENT STATUS

Version	Date	Action
1	September 2006	Policy Agreed
2	January 2008	Policy Updated
3	January 2010	Policy Reviewed
4	January 2012	Policy Reviewed
5	January 2014	Policy Reviewed
6	October 2017	Policy Updated

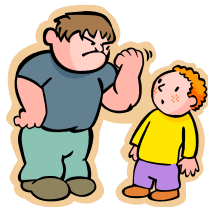
## Broomfields Junior School

# BULLYING: WHAT BROOMFIELDS JUNIOR SCHOOL BELIEVES



- *All children and staff have the right to feel happy, safe and included.*
- *All bullying, of any sort, is unacceptable.*
- *Children who experience bullying will be supported.*
- *We recognise the effects that bullying can have on children's feelings of worth and on their school work, and the school community will actively promote an anti-bullying environment.*

## WHAT IS BULLYING?



**Bullying ...** is planned or thought about and usually forms a pattern of behaviour. It can be done by one or more children. **It is an imbalance of power.**

### **Bullying is:**

- *Deliberately hurtful*
- *Repeated, often over a period of time*
- *Difficult for victims to defend themselves against*

### **It can take many forms but the main types are:**

- *Physical - hitting, kicking, taking another's belongings*
- *Verbal - name calling, insulting, making offensive remarks*
- *Indirect - spreading nasty stories about someone, exclusion from friendship groups, being made the subject of nasty rumours*
- *Cyber - text messages, instant messenger services, social network sites, email, images/videos posted on the internet or spread via mobile phones.*

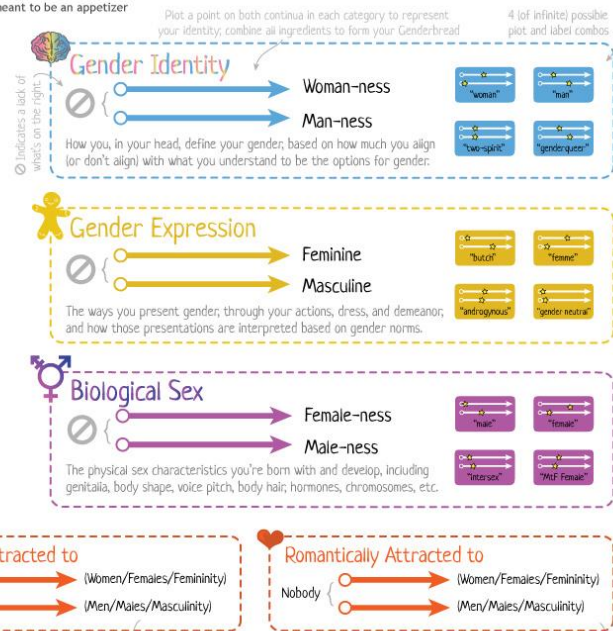
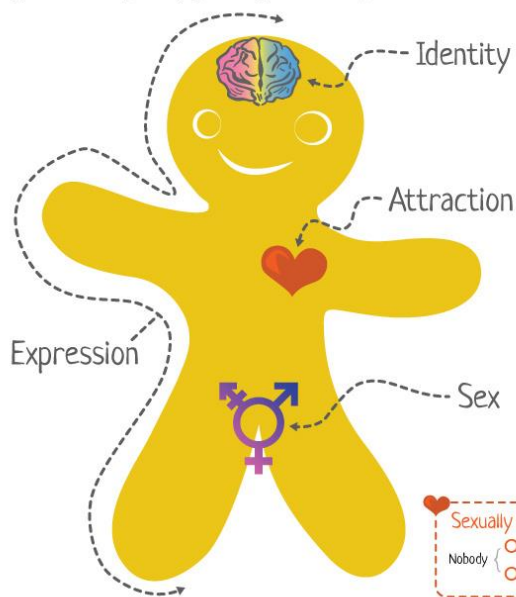
Some bullying can be against an individual or group of people. It is against the law to discriminate against anyone because of their:

- Age
- Race
- Religion
- Beliefs
- Gender – male or female
- Gender identity – how they identify themselves
- Sexual orientation – their relationship preferences

## The Genderbread Person v3.3

by its pronounced **METROsexual.com**

Gender is one of those things everyone thinks they understand, but most people don't. Like *Inception*. Gender isn't binary. It's not either/or. In many cases it's both/and. A bit of this, a dash of that. This tasty little guide is meant to be an appetizer for gender understanding. It's okay if you're hungry for more. In fact, that's the idea.



For a bigger bite, read more at <http://bit.ly/genderbread>

## Bullying is not:

- *When two pupils of equal power or strength have an occasional fight or quarrel*
- *A 'one off' incident*

## HOW WE DEAL WITH BULLYING

Broomfields Junior School will deal with each individual case of bullying depending on what has happened

## WHAT CHILDREN NEED TO DO IF THEY ARE BULLIED

- **RUN – YELL – TELL**
- *Pupils who have been bullied should report this to their own class teacher.*
- *Pupils who see others being bullied should report this to their own class teacher.*
- *Reports of bullying will be logged by class teachers in the first instance and subsequently by the Headteacher Mrs Morris-Brown. Any written records will be dated and kept by the Headteacher Mrs Morris-Brown.*
- All reports will be taken seriously.

## WHAT THE TEACHERS WILL DO TO HELP THE CHILDREN



- *We will provide support to pupils who are bullied.*
- *We will encourage them to talk about how they feel.*
- *We will help them make choices about how the matter may be resolved.*
- *We will try to ensure that they feel safe.*
- *We will ask them to report immediately any further incidents to us.*

## BULLYING OUTSIDE THE SCHOOL PREMISES

*Schools are not responsible for bullying that occurs off the premises but we know that bullying can occur outside the school gates and on journeys to and from school. The bullying may be done by pupils from our own school, by pupils from other schools or by people who are not at school at all. Where a pupil or parent tells us of bullying off the school premises we will:*

- *Talk to pupils about how to avoid or handle bullying outside of school.*
- *Talk to the Headteacher of another school whose pupils are bullying.*
- *Talk to the police.*



# Bullying

*Don't Suffer in Silence*

## Information for Pupils of Broomfields Junior School



### If you are being bullied

- *try to stay calm* and look as confident as you can
- *be firm and clear* – look them in the eye and tell them to stop
- *get away* from the situation as quickly as possible
- *tell an adult* what has happened straight away

### After you have been bullied

- *tell a teacher or another adult* in your school
- *tell your family*
- *if you are scared* to tell an adult by yourself, ask a friend to come with you
- *keep speaking up* until someone listens and does something to stop the bullying
- *don't blame yourself* for what has happened

### When you are talking to an adult about bullying, be clear about

- *what* has happened to you
- *how often* it has happened
- *who* was involved
- who *saw* what was happening
- *where* it happened
- *what* you have done about it already

If you find it difficult to talk to anyone at school or at home, ring



**ChildLine**, Freephone 0800 1111,

or write, Freepost 1111, London N1 0BR.

The phone call or letter is *free*. It is a *confidential* helpline.

Or log on to: <http://www.childline.org.uk/Explore/Bullying/Pages/Bullying.aspx>

For advice about what to do if you are being bullied online:

Log on to: <http://www.bbc.co.uk/webwise/guides/harassment-online>